



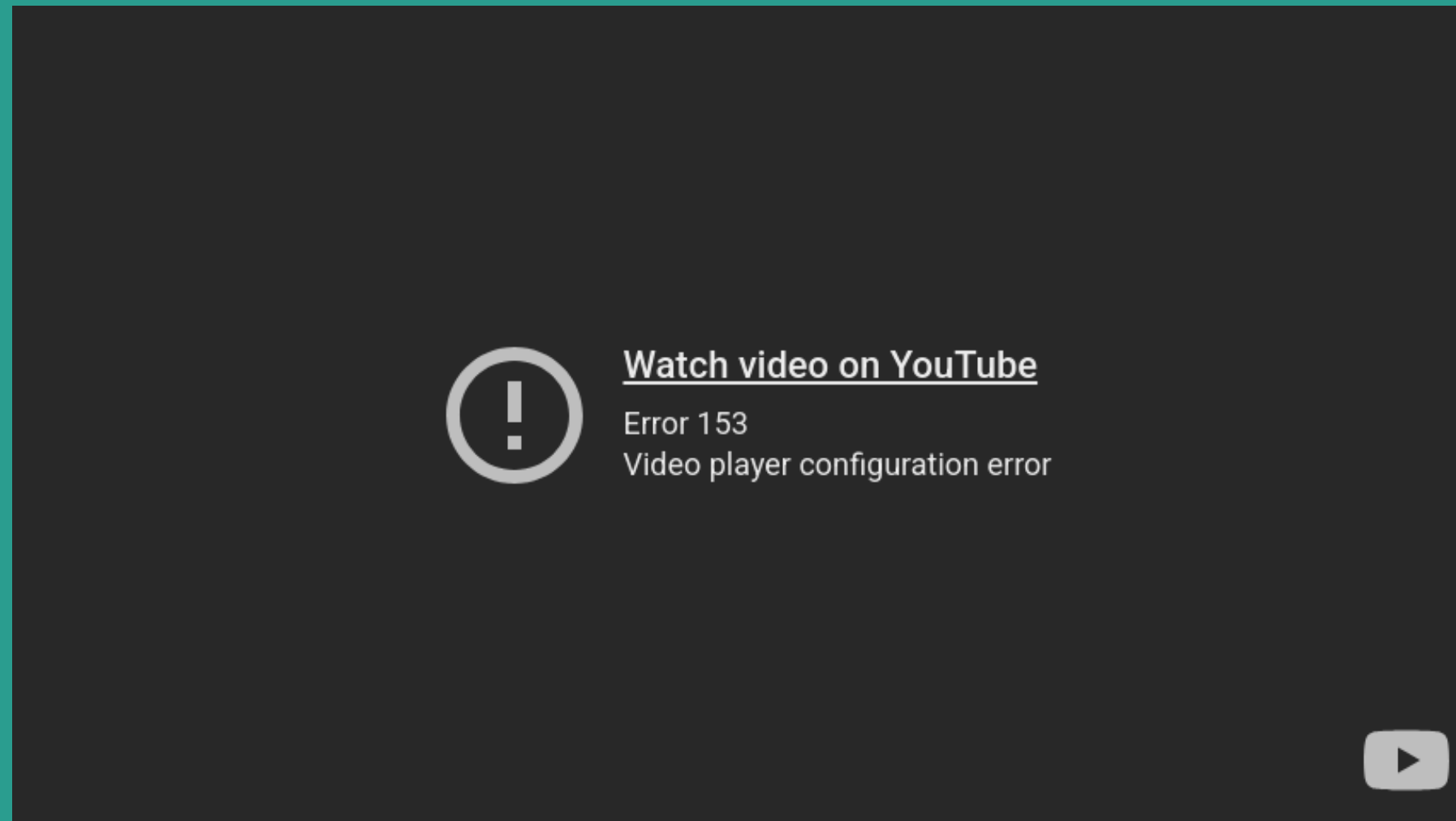
G2-5

Kindness Monsters

Writing Project



Mini-Lesson



While you watch...

- Dream up your monster
- Pick a setting (like school)
- Plan one act of kindness

[Click For Video](#)

Your Kindness Monster

Turn to the person sitting next to you and tell them

- Your monster's name and special features
- One kind act they will perform



You get 2 minutes

G2-5

Session 1

Brainstorm and Plan your story

Learning Objectives

- ☐ I can think of 3+ ideas and pick my best one.
- ☐ I can sort my ideas in the boxes to make a plan.
- ☐ I can listen to a partner and add one helpful suggestion.

Choose a prompt


- Your teacher will hand out the Prompt Sheet
- Pick one idea or write your own
- Cut it out and glue on your Brainstorm sheet (or write your choice at the top)
- Keep it simple and clear

Kindness Monsters		
<u>Heavy Lift</u> A neighbor is struggling to carry a heavy load. Your monster uses its strength to help them carry it home.	<u>Silent Ear</u> A friend is upset and needs to talk. Your monster sits quietly and listens until the friend feels better.	<u>Fair Share</u> A classmate really wants a turn with a cool toy. Your monster happily hands it over to share the fun.
<u>New Friend</u> A new student is sitting all alone at lunch. Your monster waves them over to join the group table.	<u>Clean Up</u> The beautiful park is full of messy litter. Your monster picks up every piece to make the earth smile.	<u>Warm Hug</u> Someone is feeling sad and lonely today. Your monster offers a gentle, fluffy squeeze to help dry their tears.
<u>Cheer Squad</u> A teammate is failing and wants to give up. Your monster cheers loudly to give them the courage to finish.	<u>Fresh Start</u> A friend accidentally breaks something precious. Your monster smiles kindly and says it was just a mistake.	<u>Patient Guide</u> A smaller creature does not know the way. Your monster gently walks with them to show them the right path.
<u>Be Brave</u> Someone is being mean to a smaller friend. Your monster steps in to safely stop the unkind behavior.	<u>Surprise Gift</u> A family member looks very tired today. Your monster makes a special surprise to brighten their whole day.	<u>Half Snack</u> A friend forgot their lunch at home. Your monster breaks their own delicious sandwich in half to share it.
<u>Kind Words</u> A classmate looks unsure of their art project. Your monster gives them a compliment to build their confidence.	<u>You First</u> The line for the slide is very long. Your monster steps back to let a smaller friend go ahead of them.	<u>Cool Down</u> An argument is starting to get too hot. Your monster suggests a quick break so everyone can calm down.

Make your idea bold and exciting

- Explore different places to show kindness
 - Choose one main act of kindness
- Let your monster's special features help them succeed
- If your story grows or changes, that's part of the journey!



 BUILD MY STORY

Name: _____

Date: _____

?

Pick a prompt from the list or make up your own idea. Use this space to plan your story. Write words, draw bubbles, or list details that will help you tell what happens.

New Friend

A new student is sitting all alone at lunch. Your monster waves them over to join the group table.


Who was there?


Where did it happen?


What happened first?


How did they feel?

What did they learn?

 ☒ **Brainstorm**


 ☐ **Plan**

 ☐ **Write**

 ☐ **Build My Story**

www.buildmystory.com

Brainstorm your ideas

 You get 10 minutes

- Use the Brainstorm sheet
- Words or quick sketches
- Use your senses
- Fill the page

Use the word bank to help

Word Bank		Linking Words & Phrases	
- adventure	- secret	- first	- because
- journey	- mystery	- next	- so
- explore	- wonder	- then	- therefore
- travel	- imagine	- after that	- as a result
- discover	- dream	- later	- since
- climb	- world	- meanwhile	- due to
- fly	- creature	- finally	- for example
- sail	- friend	- at last	- for instance
- hike	- companion	- and	- such as
- mountain	- help	- also	- in particular
- valley	- guide	- in addition	- before
- forest	- build	- another	- during
- jungle	- create	- as well as	- after
- desert	- explore	- moreover	- today
- island	- climb	- furthermore	- yesterday
- cave	- swim	- but	- tomorrow
- ocean	- run	- however	- here
- sky	- jump	- although	- there
- map	- travel	- even though	- especially
- compass	- whisper	- instead	- importantly
- trail	- glow	- on the other hand	- above all
- path	- sparkle	- yet	- in the end
- river	- roar	- while	- overall
- bridge	- laugh		- in conclusion
- village	- shout		
- storm	- feel		
- sunrise	- see		
- sunset	- hear		
- brave	- smell		
- curious	- touch		
- clever	- courage		
- daring	- strength		
- fearless	- teamwork		
- calm	- excitement		
- careful	- discovery		
- determined	- problem		
- challenge	- solution		
- goal	- map		
- treasure	- tool		

G 2-5



Turn to the person next to you and ask...



- Who is in your story?
- Where does it happen?
- When does it happen?



You get 2 minutes

Story Mountain overview



You get 15 minutes

Climax:

Show the BIG problem or exciting event.

Rising Action:

Show what your characters are doing and build up to the problem.

Exposition (Beginning):

Introduce your setting and characters

Falling Action:

Show how the characters try to solve the problem and what happens next.

Ending:

Show how everything finishes and how the characters feel.

Turn to the person next to you and ask...

- What is the BIG moment?
- How do things finish and how do they feel at the end?



You get 2 minutes




Build your main character



You get 10 minutes

- Name
- What type of monster are they?
- What do they look like?
- Are they wearing any clothes?
- One memorable detail

**Character Profile**

Name:

Date:


?

This page helps you create your main character for your story. You'll fill in details about who they are, what they look like, and even draw them. Later, you'll use this profile to guide your writing and bring your character to life in Build My Story.

My Character Is: ☐ A Human ☐ An Animal ☐ Fictional


Character Name


How Old Is Your Character?
 Years Old


Draw Your Character



What do they look like?

What are they wearing?

 ☐ Brainstorm


 ☒ Plan

 ☐ Write

 ☐ Build My Story

www.buildmystory.com


S1

 **BUILD MY STORY™**

Wrap Up & Next Time

Before you go – check

- Do you have a main character?
- Is there a beginning, middle and end?
- Is your name on every sheet?



Please hand in
your amazing
work so far!

Next time – your writing choices

- Summary → Help me write (bring 4–6 sentences)
- Full draft → Type it myself (aim for ≤ 200 words)

Learning Objectives

- ☒ I can think of 3+ ideas and pick my best one.
- ☒ I can sort my ideas in the boxes to make a plan.
- ☒ I can listen to a partner and add one helpful suggestion.

G2-5

Session 2

Write Your Story

Learning Objectives

- ☐ I can turn my plan into a draft.
- ☐ I can use words like first / next / because to connect ideas.
- ☐ I can add a detail so my writing is clearer.

The 5-part story frame

1

Exposition (Beginning):

Introduce your setting and characters

2

Rising Action:

Show what your character is doing and build up to the problem.

3

Climax:

Show the BIG problem or exciting event.

4

Falling Action:

Show how the character tries to solve the problem and what happens next.

5


Ending:

Show how everything finishes and how the character feels.

Choose your path






Either path is great — pick the one that helps you do your best

PATH A


 **Option 1: Story Summary**


?


You are the storyteller!
Use your Story Mountain to write a short version of your story. Just a few lines is all you need.
Build My Story will help you turn it into a full book!


 +  +  +  + 


Beginning **Rising Action** **Climax** **Resolution** **Reflection**


 I was...


 Then...


 Suddenly...


 Because of that, I...

 In the end,...

 ☐ **Brainstorm**

 ☐ **Plan**


 ☒ **Write**


 ☐ **Build My Story**


Story Summary
(4–6 sentences)


OR


PATH B


 **Page 1**




 **Page 2**





 **Page 3**





Author Name

 ☐ **Brainstorm**

 ☐ **Plan**

 ☒ **Write**

 ☐ **Build My Story**



Full Draft
(About 500 words)

Only as much as you can do

Path A: Story Summary — 4–6 sentences



1) Who + where (Exposition)



2) Want + problem (Rising Action)



3) BIG moment (Climax)



4) What they try / what happens next (Falling Action)








5) How it ends + feeling (Ending)

Example Story Summary 1

New Friend

A new student is sitting all alone at lunch. Your monster waves them over to join the group table.

-  1) Blue stood alone on the loud playground during morning recess.
-  2) He saw a new student on the bench with no one to play with.
-  3) Blue walked over and waved them toward the big group table.
-  4) They shared a fun game of tag and ran all around the swings.
-  5) Blue had a brand new friend and felt very proud of himself.

Silent Ear

A friend is upset and needs to talk. Your monster sits quietly and listens until the friend feels better.

Example Story Summary 2



1) My monster, Pip, was sitting on the grass in the quiet school garden.



2) He saw a friend crying and wanted to make them feel better.



3) Pip sat down and used his giant ears to listen to every word.



4) As he listened, his friend started to feel calm and safe.



5) They gave Pip a high-five and he felt happy to be a helper.

Path B: Full Draft - About 500 words

- Around 500 words total - do as much or as little as you can!
- Short sentences
- Use this order:

Beginning → Build-up → BIG moment → Fixing it → Ending + feeling



Draft guide

- Beginning — 2–3 lines
- Build-up — 3–5 lines
- BIG moment — 2–3 lines
- Fixing it — 3–4 lines
- Ending + feeling — 2–3 lines

Write on the worksheet page by page. Think about the Story Mountain and follow the icons.

Page 1

Page 2

Page 3

Author Name

☐ Brainstorm ☐ Plan ☒ Write ☐ Build My Story

BUILD MY STORY

Show, don't tell

Tell → The monster was very kind.

Show → He shared his last snack and gave a big smile.

Tell → The classroom was very messy.

Show → Broken crayons and crumpled papers lay everywhere.

Swap one “tell” for a “show.”

Write Time!



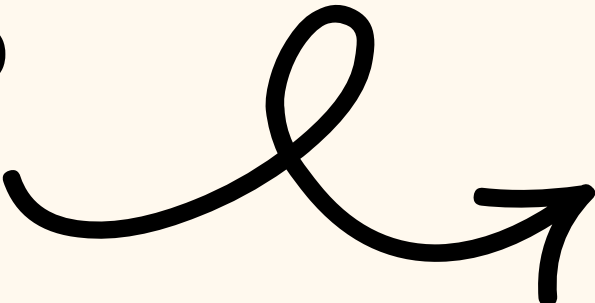
You get 20 minutes

Summary path: finish 5 sentences.

Draft path: aim for 300-500 words.

Tip: Use 2–3 linking words.

Use the word bank to help



Word Bank

- kindness
- monster
- friendly
- helpful
- gentle
- brave
- caring
- polite
- respect
- share
- listen
- comfort
- cheer
- protect
- guide
- happy
- sad
- lonely
- excited
- proud
- grateful
- empathy
- courage
- honesty
- patience
- generous
- thoughtful
- manners
- feelings
- emotion
- heart
- spirit
- magic
- superpower
- fur
- horns
- tail
- claws
- wings
- scales
- paws
- fuzzy
- fluffy
- spotty
- slime
- big
- tiny
- strong
- soft
- school
- class
- playground
- recess
- lunch
- friend
- neighbor
- family
- team
- group
- community
- earth
- world
- home
- book
- toy
- game
- litter

Linking Words & Phrases

- first
- next
- then
- after that
- later
- meanwhile
- finally
- at last
- and
- also
- in addition
- another
- as well as
- moreover
- furthermore
- but
- however
- although
- even though
- instead
- on the other hand
- yet
- while
- because
- so
- therefore
- as a result
- since
- due to
- for example
- for instance
- such as
- in particular
- before
- during
- after
- today
- yesterday
- tomorrow
- here
- there
- especially
- importantly
- above all
- in the end
- overall
- in conclusion

Kindness Monsters

G 2-5



Swap your worksheet with the person next to you

3 quick checks (circle or say Yes/No)

- 1) Does it follow the 5 parts? Beginning → Build-up → BIG moment → Fixing it → Ending
- 2) Are there 2–3 linking words? (first, next, then, after that, because, so, finally...)
- 3) Is there one “show, don’t tell” sentence?

Fix one thing, then put your name on your work.



You get 2 minutes

Learning Objectives

- ☒ I can turn my plan into a draft.
- ☒ I can use words like first / next / because to connect ideas.
- ☒ I can add a detail so my writing is clearer.

G2-5

Session 3

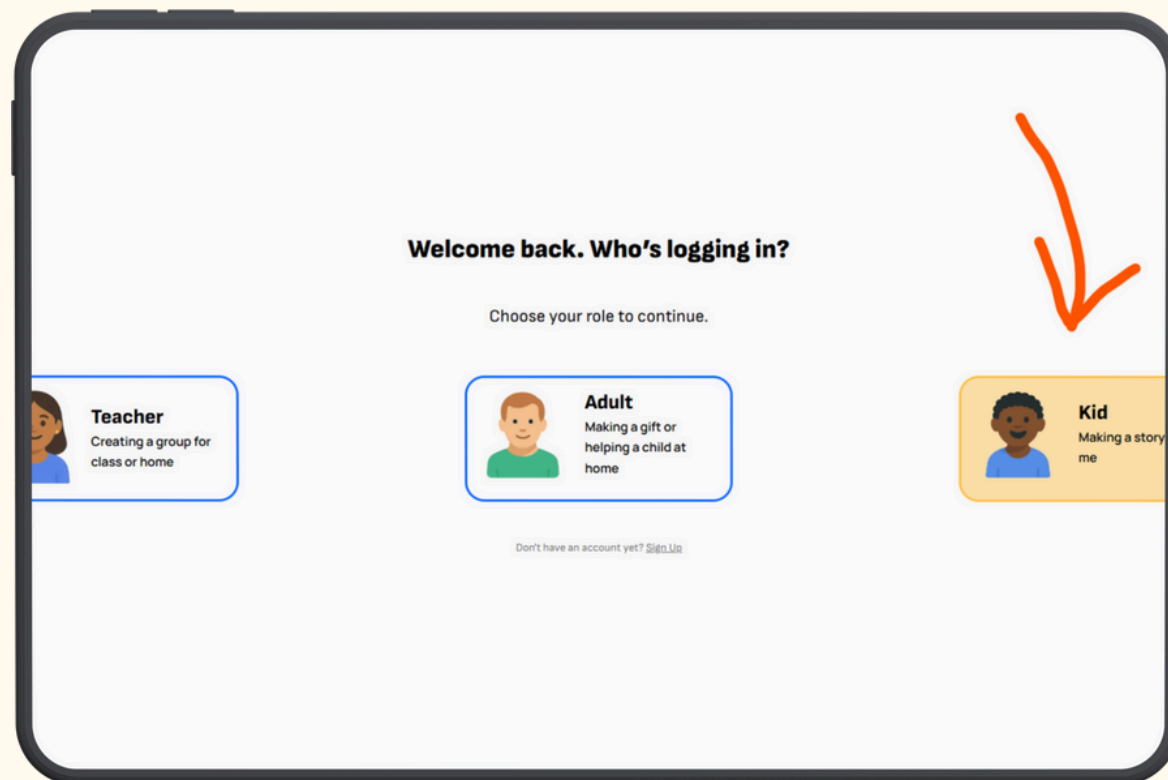
Build Your Story

Learning Objectives

- ☐ I can revise my draft story to make it clearer
- ☐ I can fix capitals, punctuation, and spelling.
- ☐ I can type my story and give it a great title.
- ☐ I can publish a book!
- ☐ I can make an AI picture

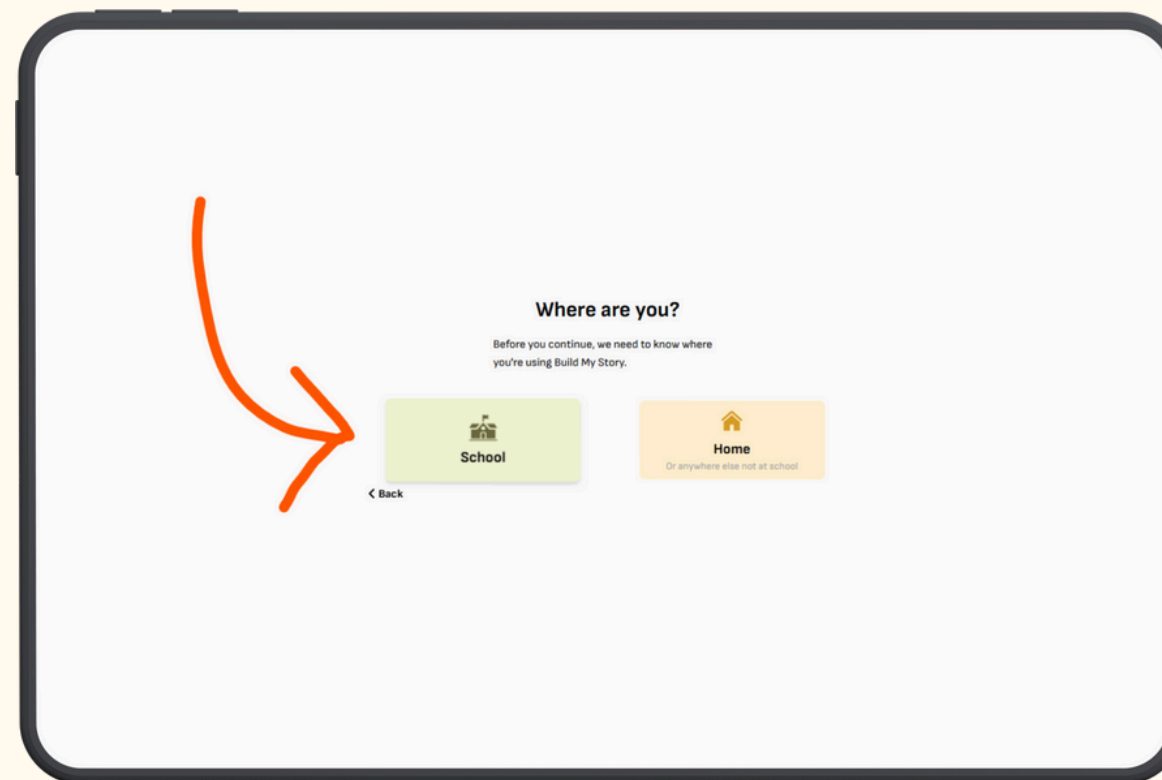
Sign in

1



Open Build My Story

2



Tap Kid to sign in

3



Log in using username

Your teacher will help with usernames or Clever or Google Classroom

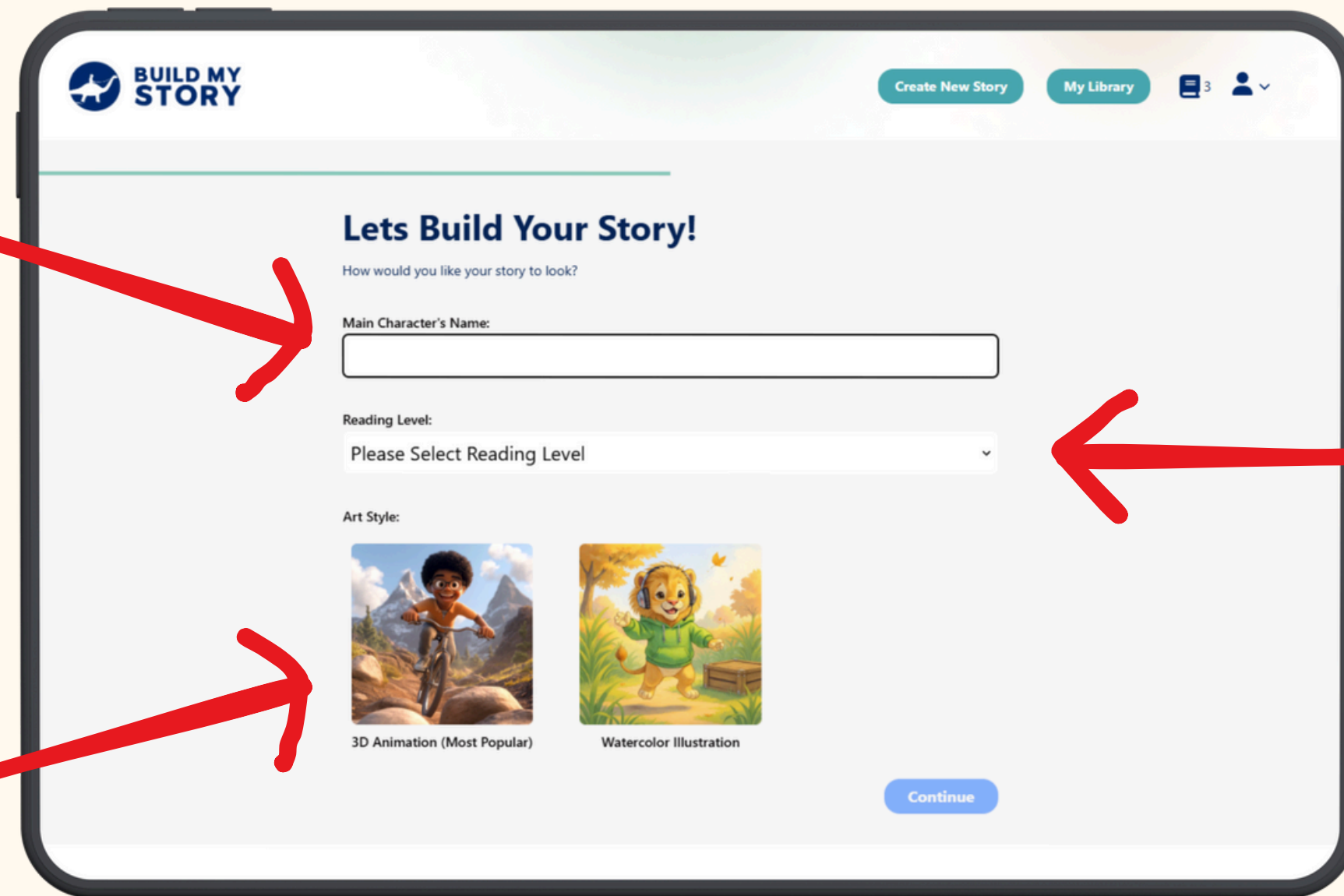
Set up your book

1

Type your main
character's name

3

Pick your picture
style



The screenshot shows the 'BUILD MY STORY' website's setup page. At the top, there's a navigation bar with the logo, 'Create New Story', 'My Library', and a user icon. The main heading is 'Lets Build Your Story!' followed by the question 'How would you like your story to look?'. Below this, there are three sections: 'Main Character's Name' with a text input field, 'Reading Level' with a dropdown menu showing 'Please Select Reading Level', and 'Art Style' with two image options: '3D Animation (Most Popular)' and 'Watercolor Illustration'. A blue 'Continue' button is at the bottom right. Three red arrows point from the numbered instructions to these fields: from instruction 1 to the name input, from instruction 3 to the 3D animation image, and from instruction 2 to the reading level dropdown.

2

Choose your
reading level
(ask if unsure)

4

Click Continue

Choose how to write

Path A

BUILD MY STORY Create New Story My Library 12

Lets Build Your Story!

Tell us a little about your character and what the story's about

Help Me Write My Story
Start with your idea and we'll bring it to life as a real storybook.

I Want to Write It Myself
Already know what happens? Start writing your version.

Story Setting & Goal:
ex: An abandoned research station hidden in the Arctic, where a kid discovers old technology and must uncover what happened to the missing scientists.

Story Type: Please Select Story Type Writing Style: Please Select Writing Style Write Story Inc: English (US)

< Back Continue

Help me write — paste your summary

Path B

BUILD MY STORY Create New Story My Library 12

Lets Build Your Story!

Tell us a little about your character and what the story's about

Help Me Write My Story
Start with your idea and we'll bring it to life as a real storybook.

I Want to Write It Myself
Already know what happens? Start writing your version.

Page by page story breakdown

Page 1
One sunny morning....

Page 2

Page 3

Page 4

Page 5

Type it myself — type your story

Help me write — paste your summary

1

Paste your 4–6
sentence
summary

2

Choose Story
Type

3

Choose Writing Style

4

Choose
Language

5

Click Continue

The screenshot shows the 'Build My Story' app interface. At the top, there's a header with the logo and navigation links: 'Create New Story', 'My Library', and a user icon. Below the header, the main heading is 'Lets Build Your Story!'. Underneath, there's a prompt: 'Tell us a little about your character and what the story's about'. There are two main options: 'Help Me Write My Story' (highlighted in yellow) and 'I Want to Write It Myself'. Below these, there's a 'Story Setting & Goal' section with an example text: 'ex: An abandoned research station hidden in the Arctic, where a kid discovers old technology and must uncover what happened to the missing scientists.' At the bottom, there are three dropdown menus: 'Story Type' (with 'Please Select Story Type'), 'Writing Style' (with 'Please Select Writing Style'), and 'Write Story In:' (with 'English (US)'). A 'Continue' button is at the bottom right. Red arrows point from the numbered instructions to specific elements: arrow 1 points to the 'Help Me Write My Story' button; arrow 2 points to the 'Story Type' dropdown; arrow 3 points to the 'Writing Style' dropdown; arrow 4 points to the 'Write Story In:' dropdown; and arrow 5 points to the 'Continue' button.

Type it myself

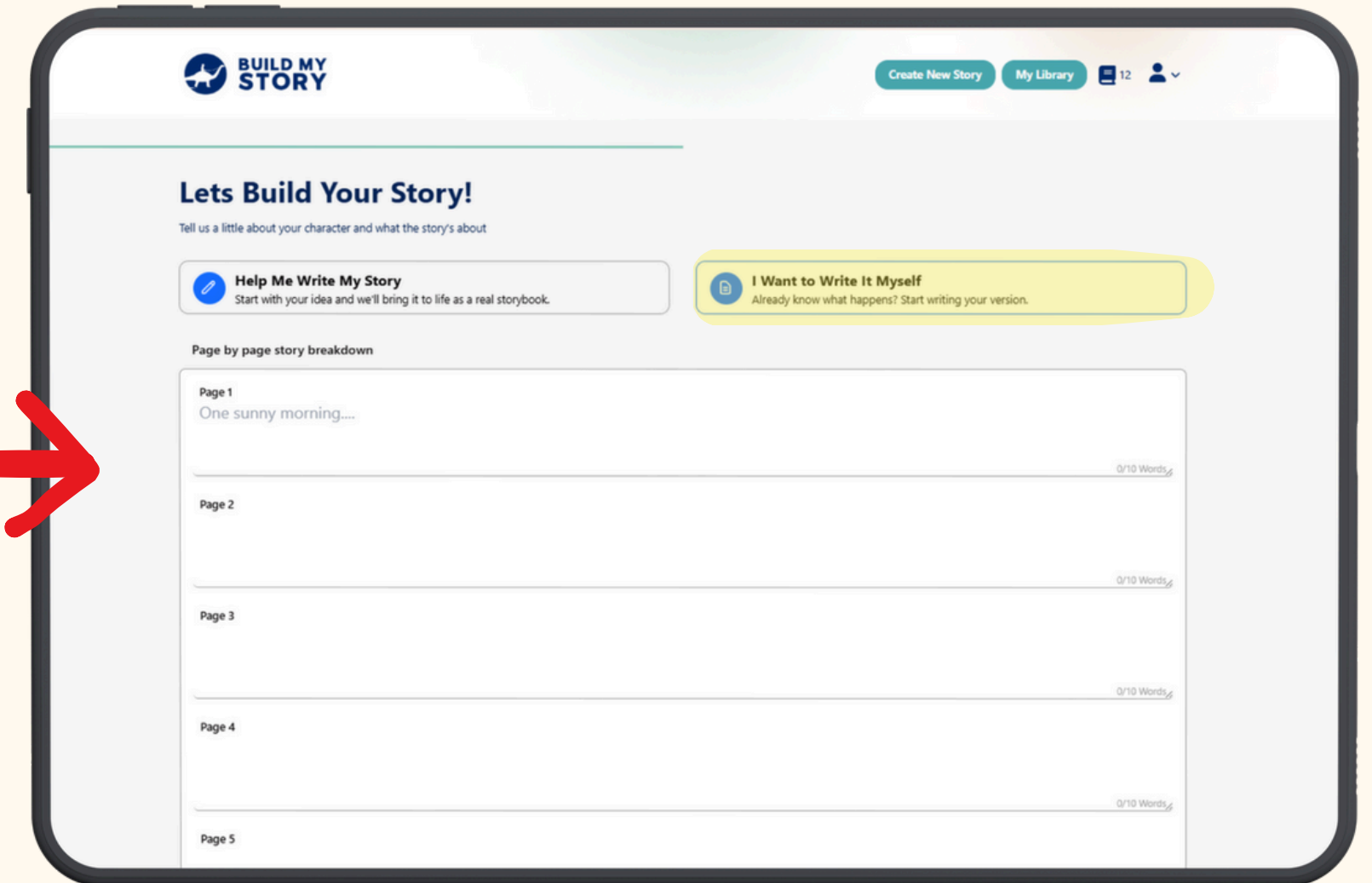
Type into the 11 pages

1

Remember:

Beginning → Build-up → BIG
moment → Fixing it → Ending

Use 2–3 linking words



The screenshot shows the 'BUILD MY STORY' app interface. At the top, there's a navigation bar with 'Create New Story', 'My Library', and a user icon. Below this, the main heading is 'Lets Build Your Story!' with a subtext 'Tell us a little about your character and what the story's about'. There are two main options: 'Help Me Write My Story' (blue button) and 'I Want to Write It Myself' (yellow button, which is highlighted). Below these options, there's a section titled 'Page by page story breakdown' showing a list of pages from Page 1 to Page 5. Page 1 has the text 'One sunny morning....' and a '0/10 Words' indicator. Pages 2 through 5 are currently blank with '0/10 Words' indicators.

2

Click Continue

Build your character



Upload a drawing

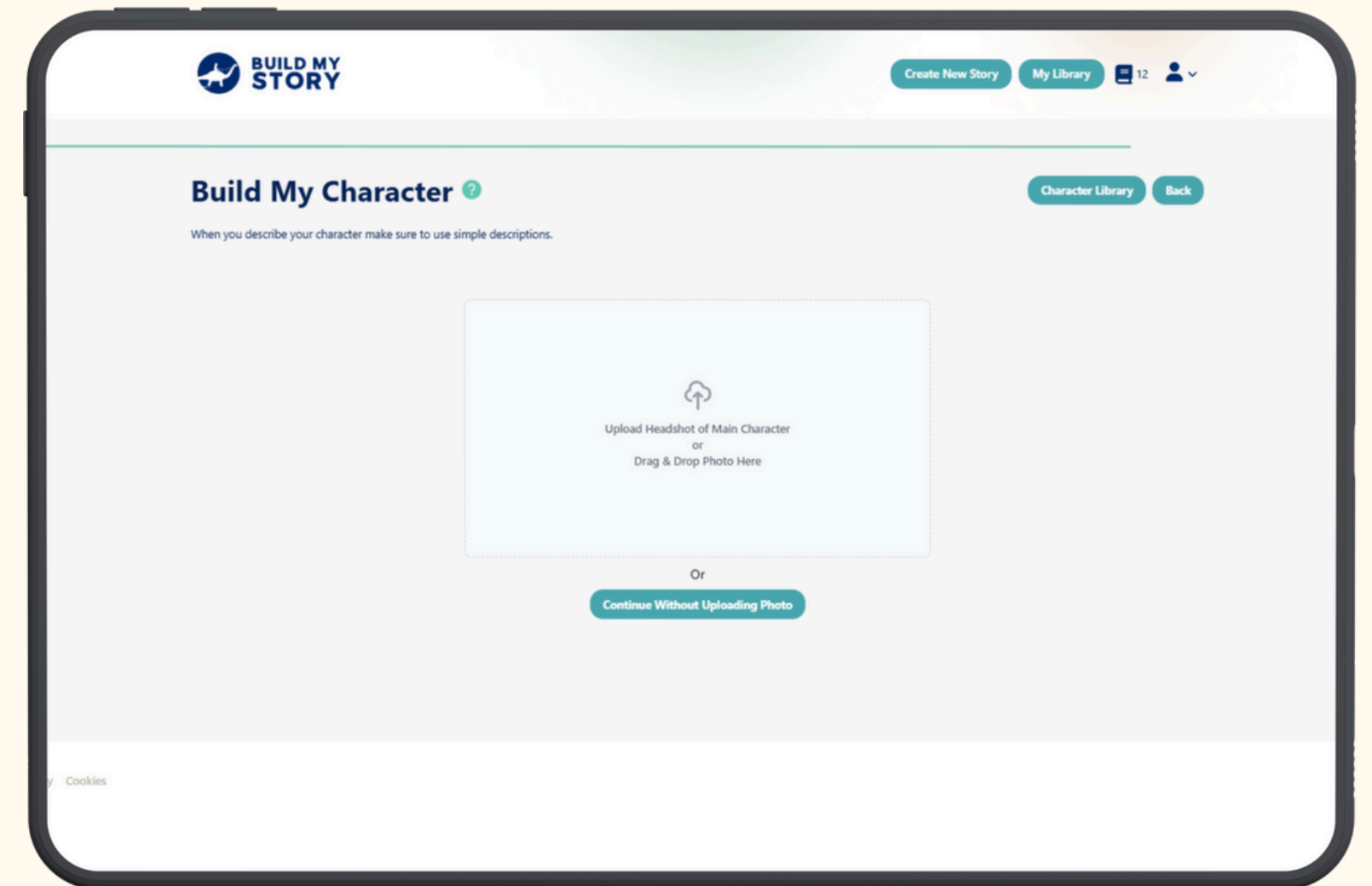
OR



A picture of a character

OR

Click 'Continue without uploading character'



Build your character

1

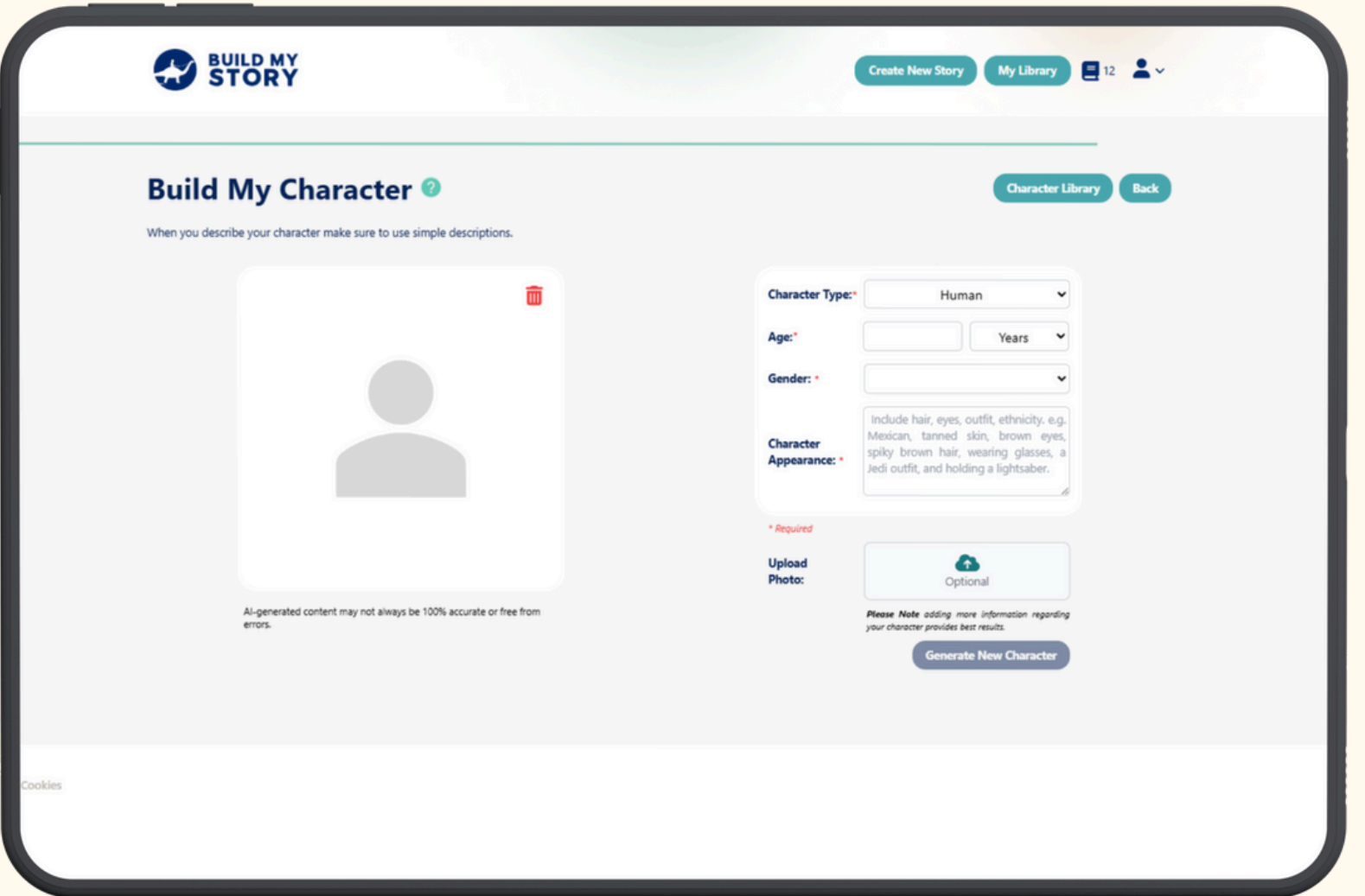
Choose Character Type:
Human, Animal or Fictional

2

Age or character type if
its an animal or fictional

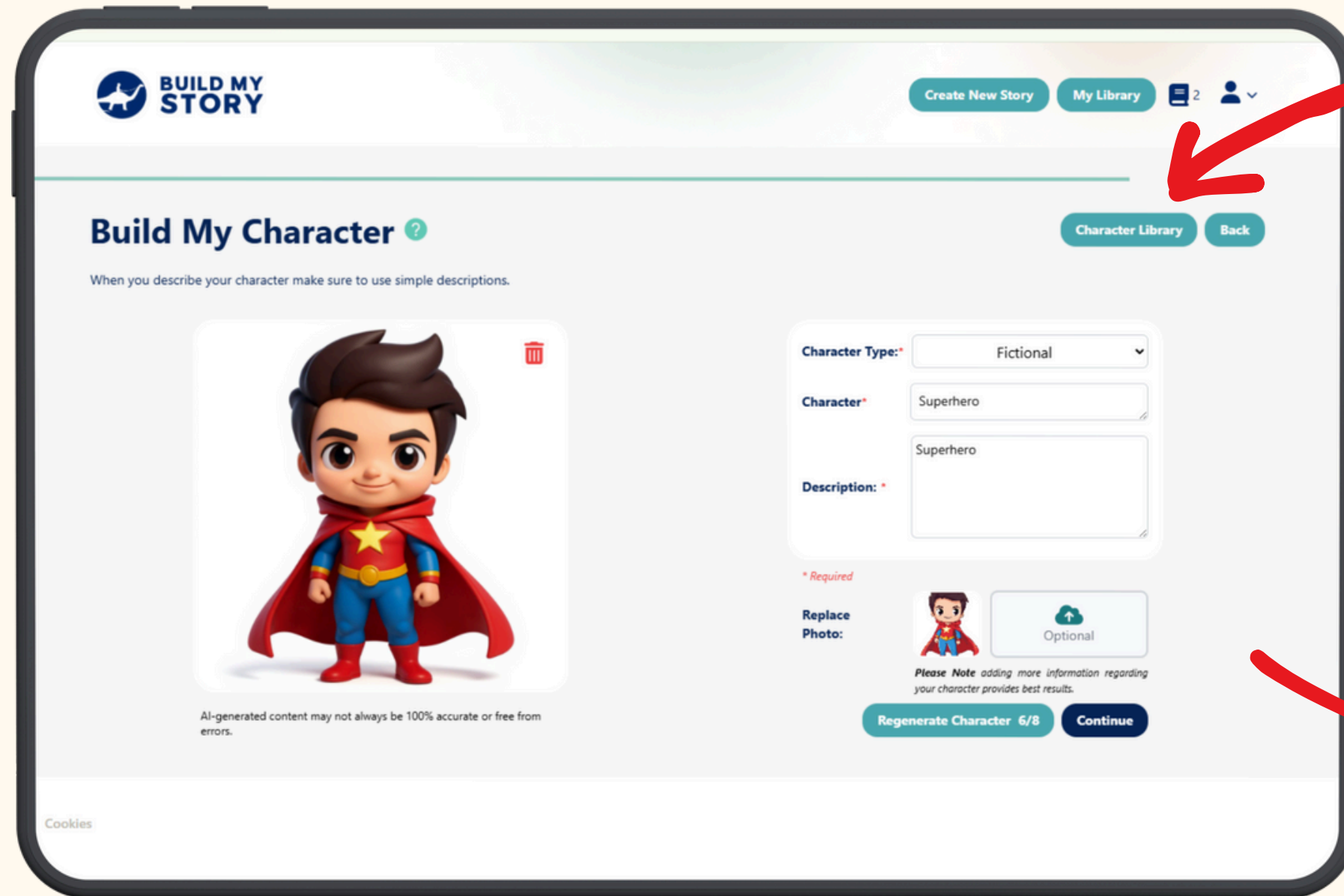
3

Type character appearance.
What does the character look like?

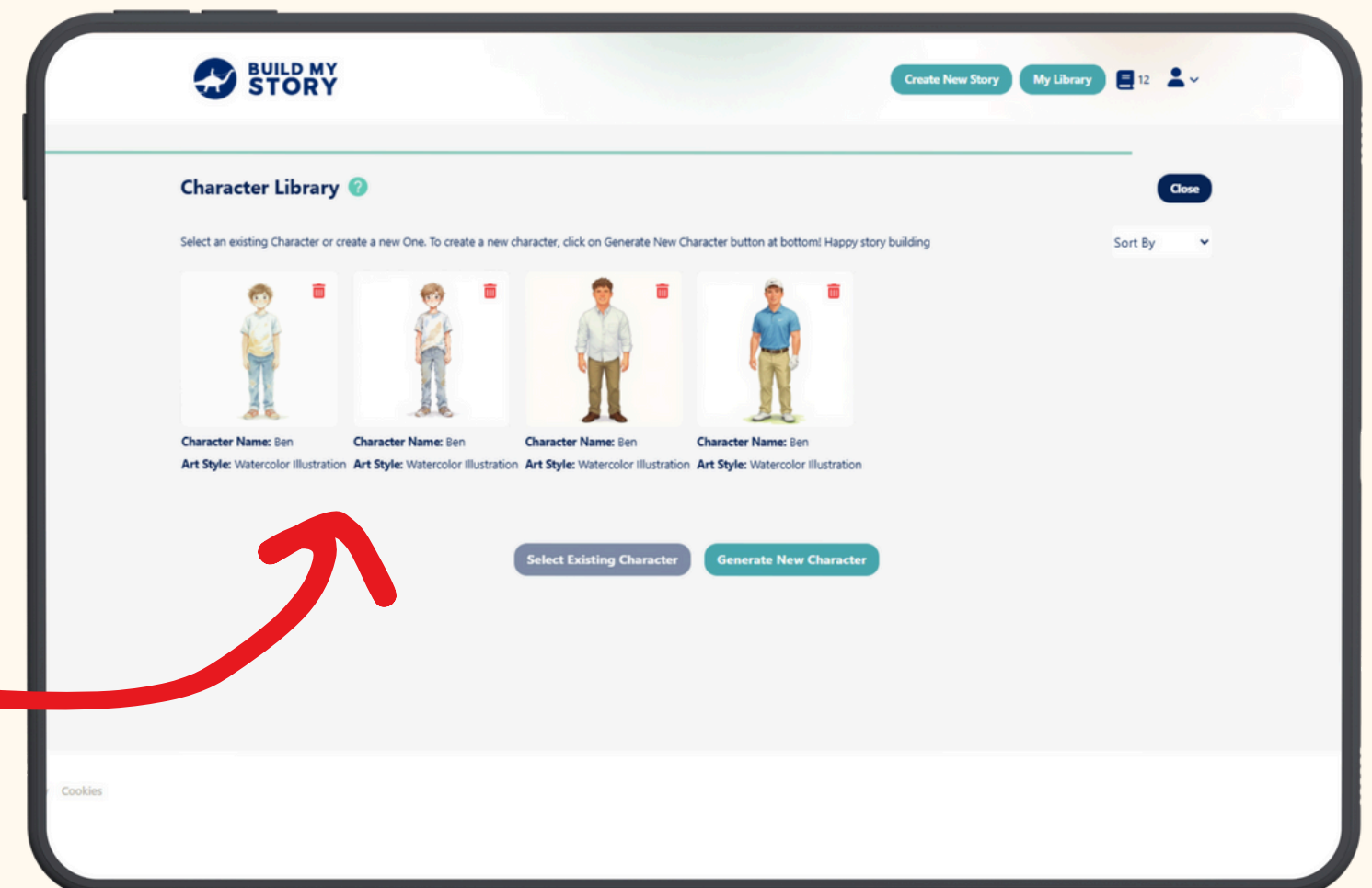
A screenshot of the 'Build My Story' website's character creation interface. The page has a light blue header with the 'BUILD MY STORY' logo, a 'Create New Story' button, a 'My Library' button, and a user profile icon. The main content area is titled 'Build My Character' with a subtitle 'When you describe your character make sure to use simple descriptions.' Below this is a large placeholder for a character image. To the right of the image are input fields for 'Character Type' (set to 'Human'), 'Age' (with a 'Years' dropdown), and 'Gender'. Below these is a text area for 'Character Appearance' with a small example text: 'Include hair, eyes, outfit, ethnicity, e.g. Mexican, tanned skin, brown eyes, spiky brown hair, wearing glasses, a jedi outfit, and holding a lightsaber.' At the bottom right, there is an 'Upload Photo' section with an 'Optional' button and a 'Generate New Character' button. A small disclaimer at the bottom of the image placeholder reads: 'AI-generated content may not always be 100% accurate or free from errors.'

4 Click 'Generate New Character'

Build your character



Click to view all of the characters you have made

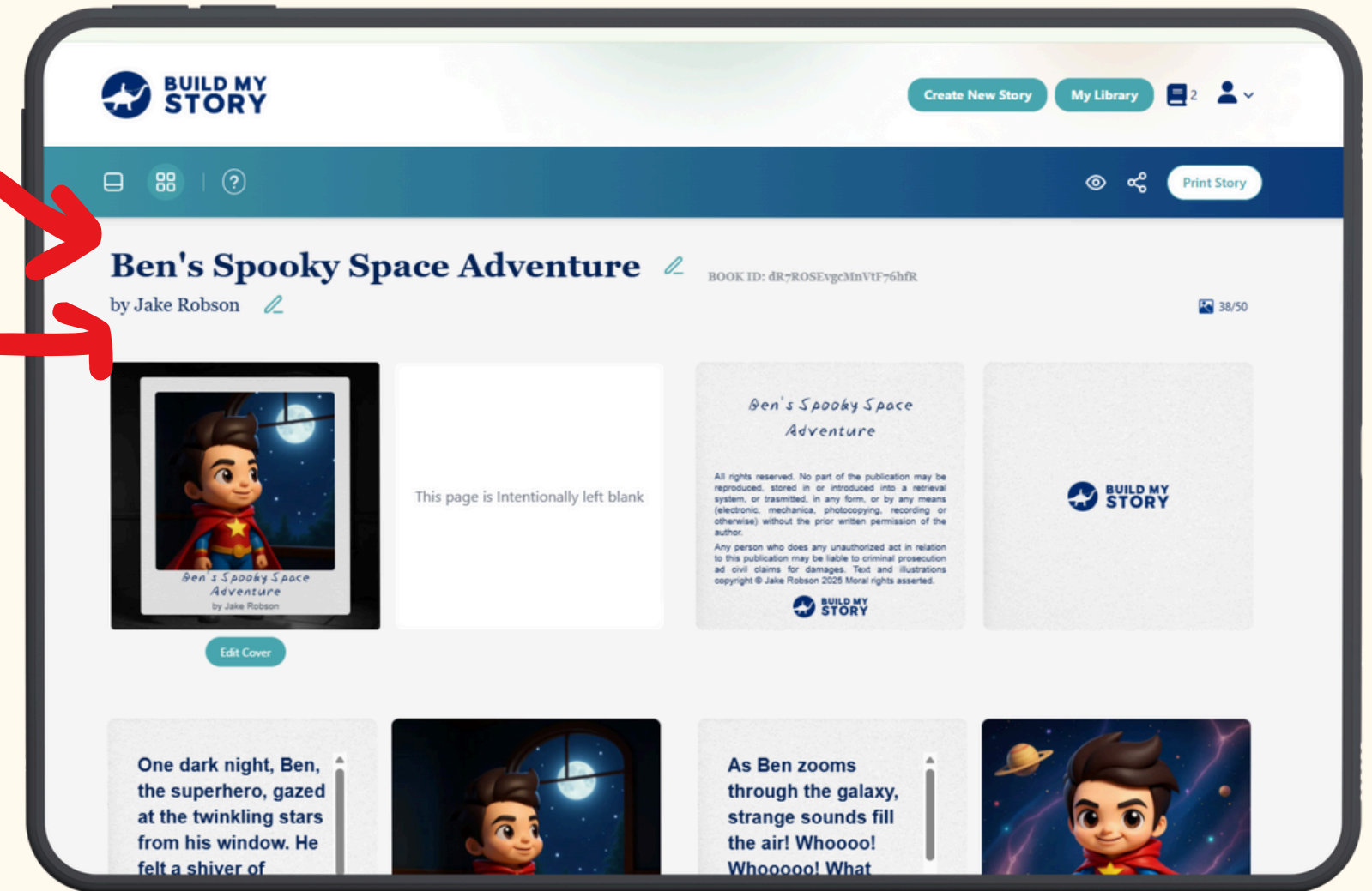


Edit Your Book Until You Are Happy!

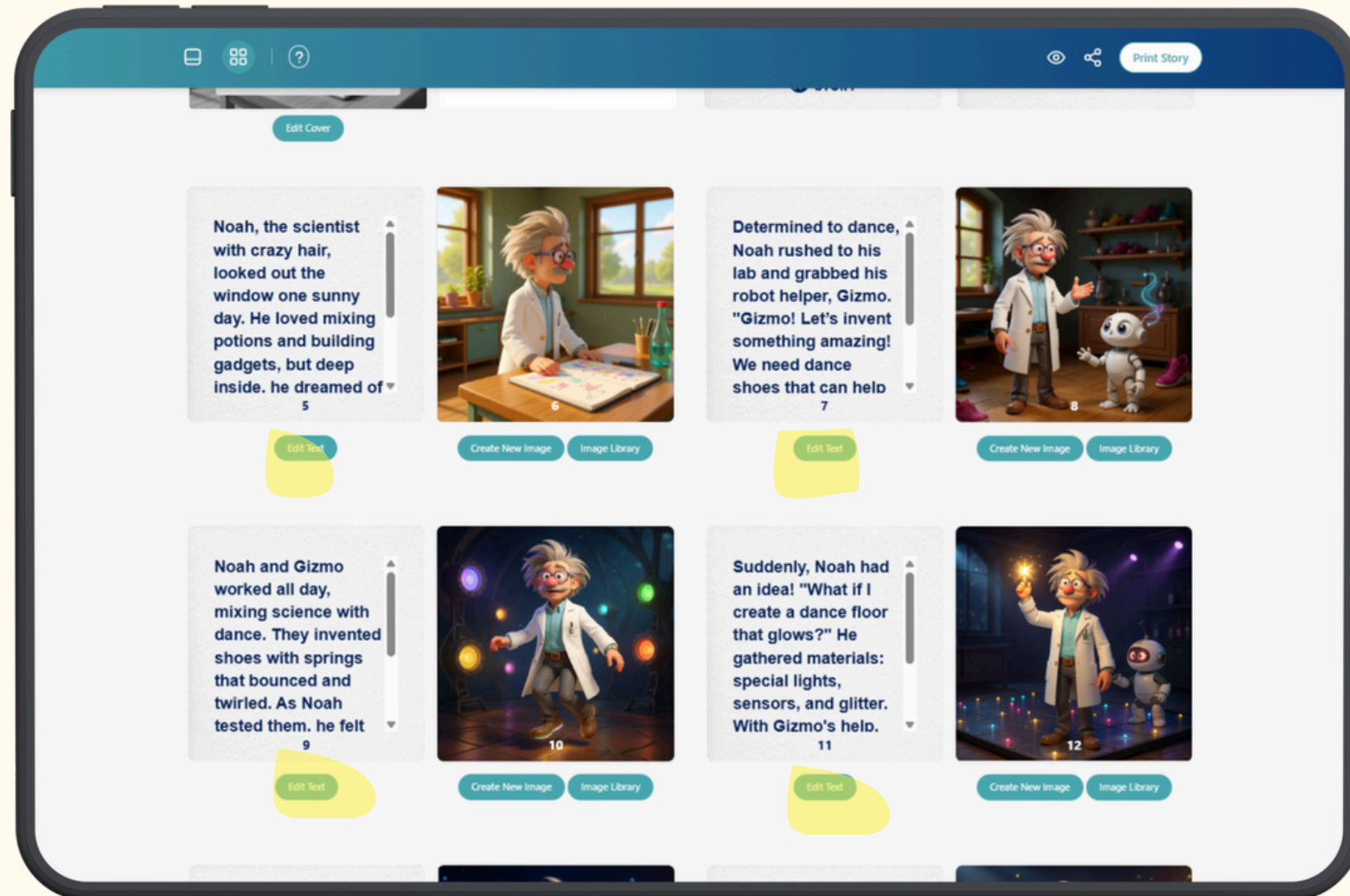
Edit Your Title

Edit Author Name

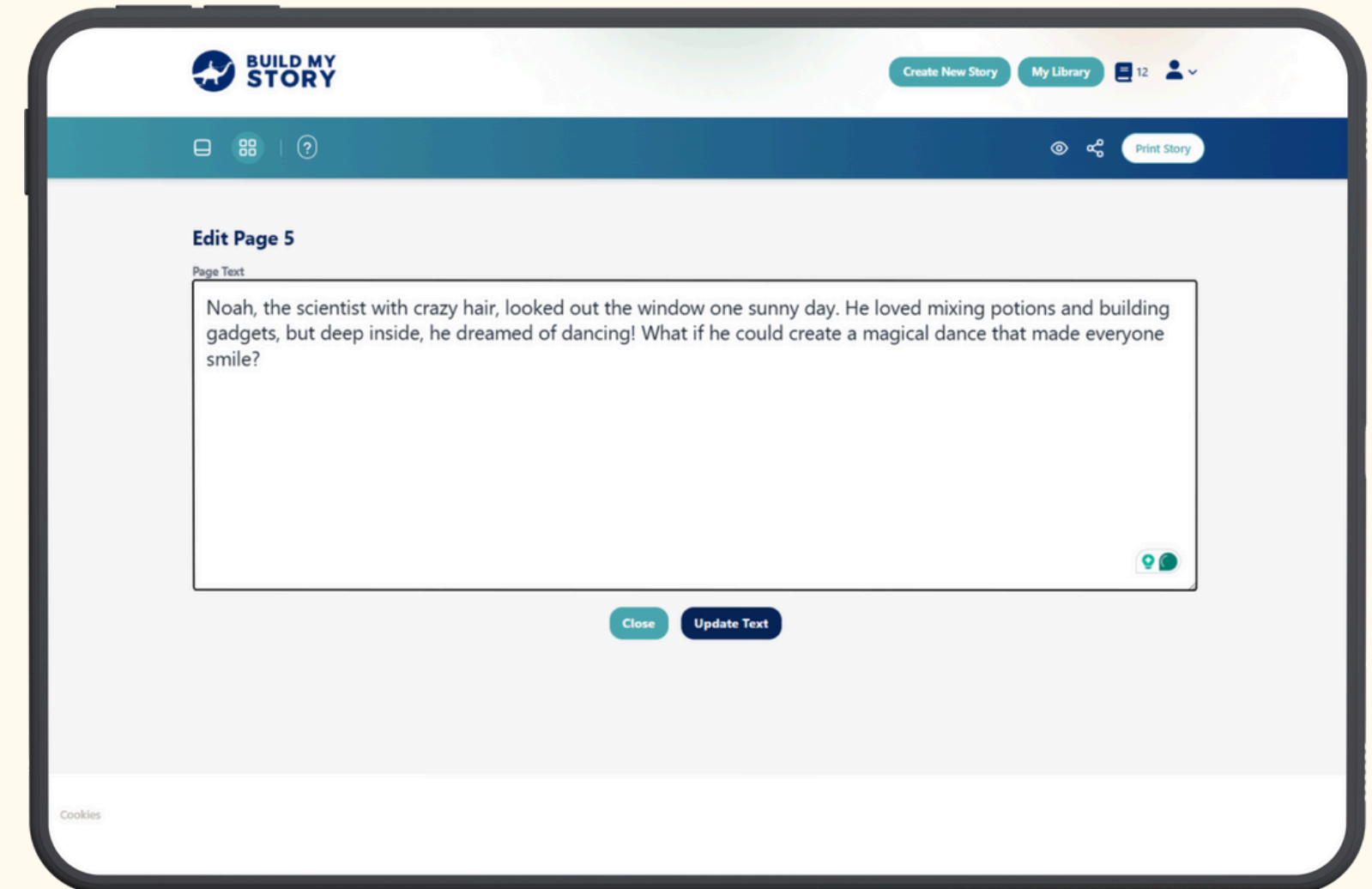
Scroll and Read your
amazing story!



How to edit text

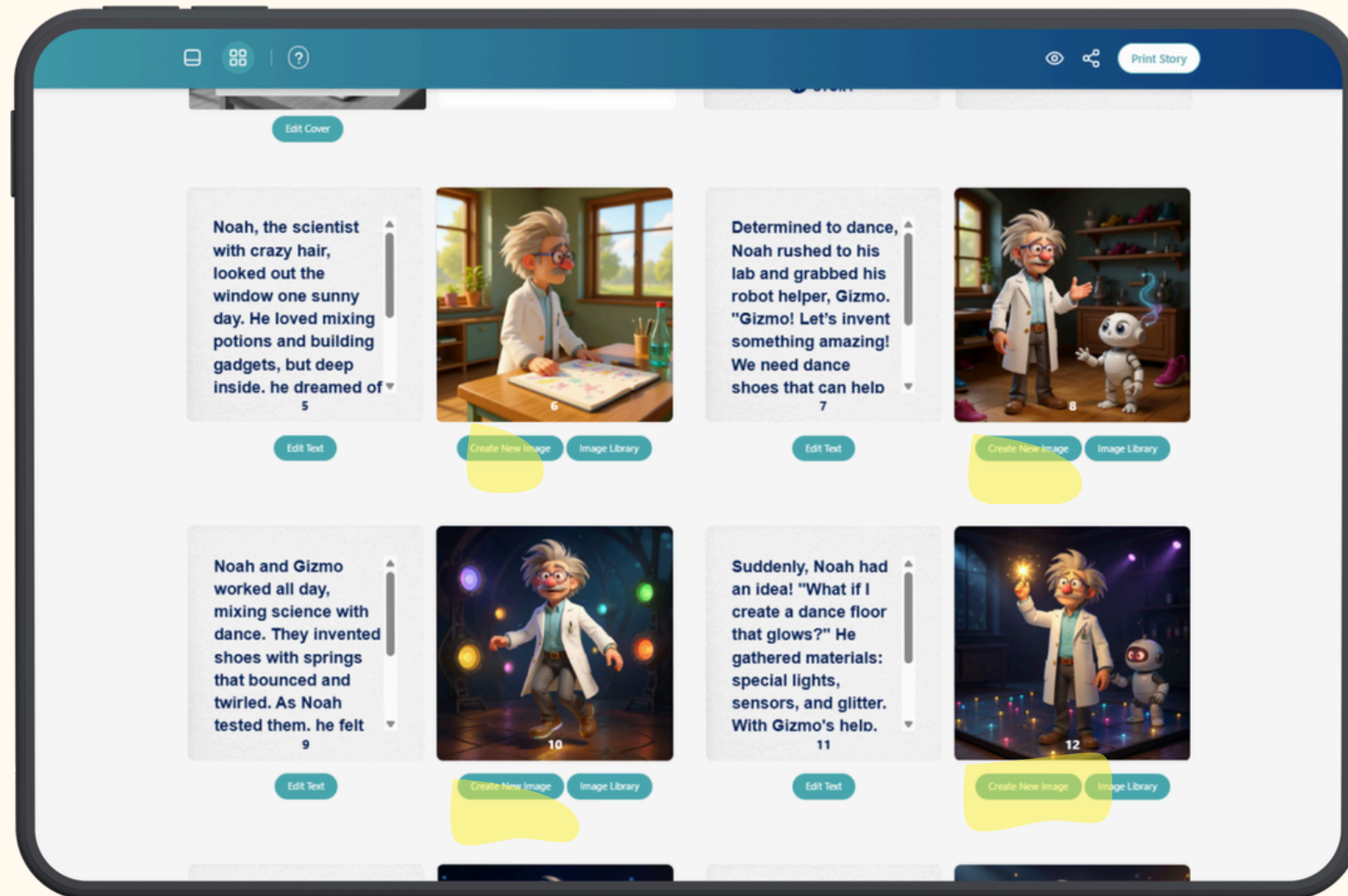


Click 'Edit Text'

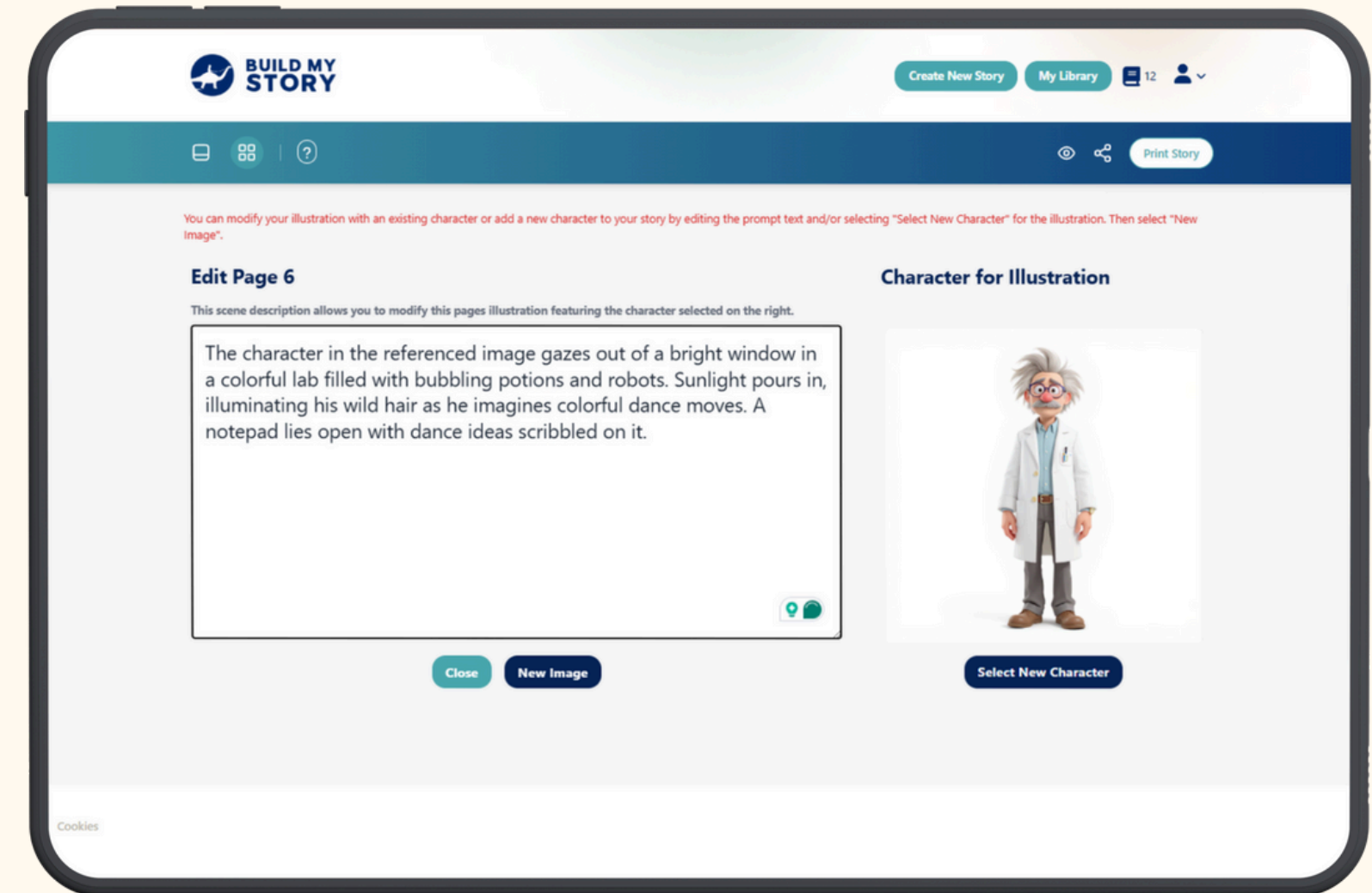


Type, Edit and 'Update Text'

How to edit Images



Click 'Edit Image'



Type in your Image Prompt

What is an image prompt? →

What is a good image prompt?

What's a prompt?

It's the sentence that tells the app what to draw on this page.

Your main character stays the same—you change the **action, place, and details**.

The 4 Magic Parts (A-P-O-M)

- Action – what is the character doing?
- Place – where is it happening?
- Objects – 1–2 things to include (props).
- Mood/Time – how it feels (cozy, windy) or when (evening, rainy).

Quick Example Image Prompts

Good Prompt

“The fluffy monster shares a bright red toy in a sunny playroom; colorful blocks are on the floor.”

Not Good Prompt

“The monster is in the school.”

Why is this not a good prompt? Put your hand up

Remember The 4 Magic Parts (A-P-O-M)

Action + Place + Objects + Mood/Time

Why is this a bad prompt?

Not Good Prompt

“The monster is in the school.”



Action – No Action



Place – “School”



Objects – No Objects



Mood/Time – No Mood/Time

The bad prompt has not passed
the 4 magic parts!



Why is this a good prompt?

Good Prompt

“The fluffy monster shares a bright red toy in a sunny playroom; colorful blocks are on the floor.”



Action – “Shares a toy...”



Place – “Sunny playroom”



Objects – “Toy,” “Colorful blocks”



Mood/Time – “Sunny,” “Bright”

The good prompt has passed

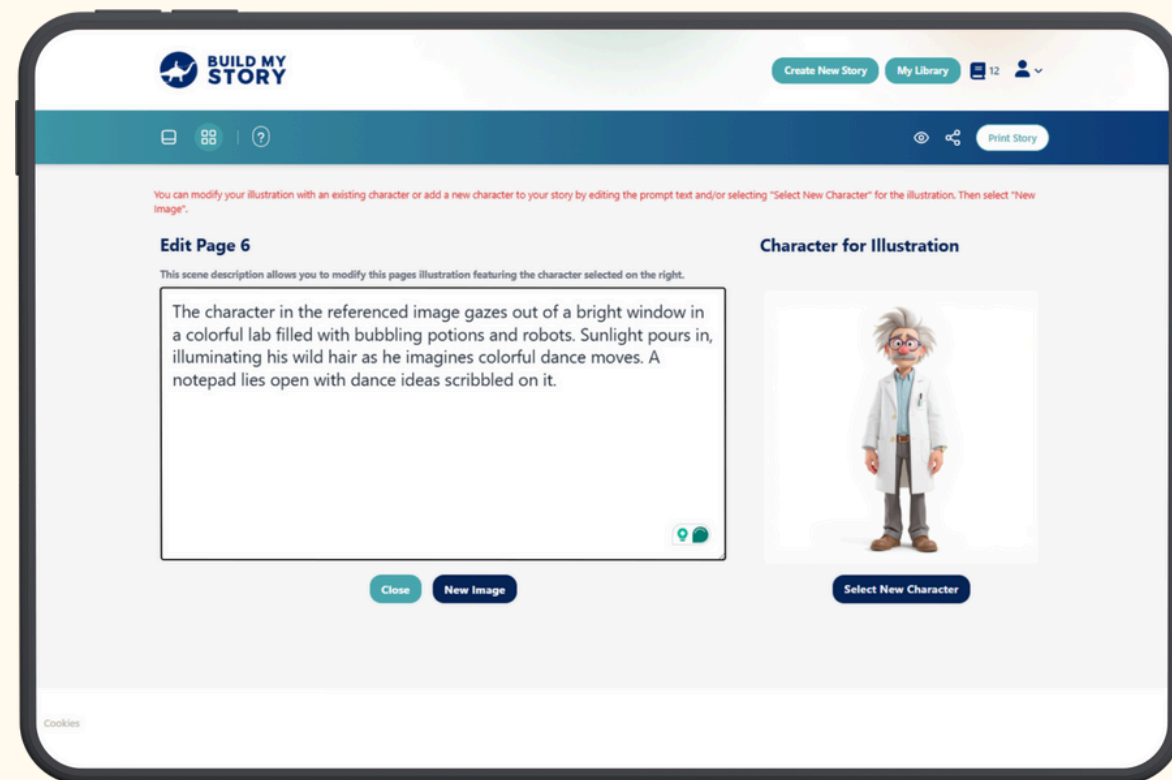
the 4 magic parts!



And that’s how to use AI!

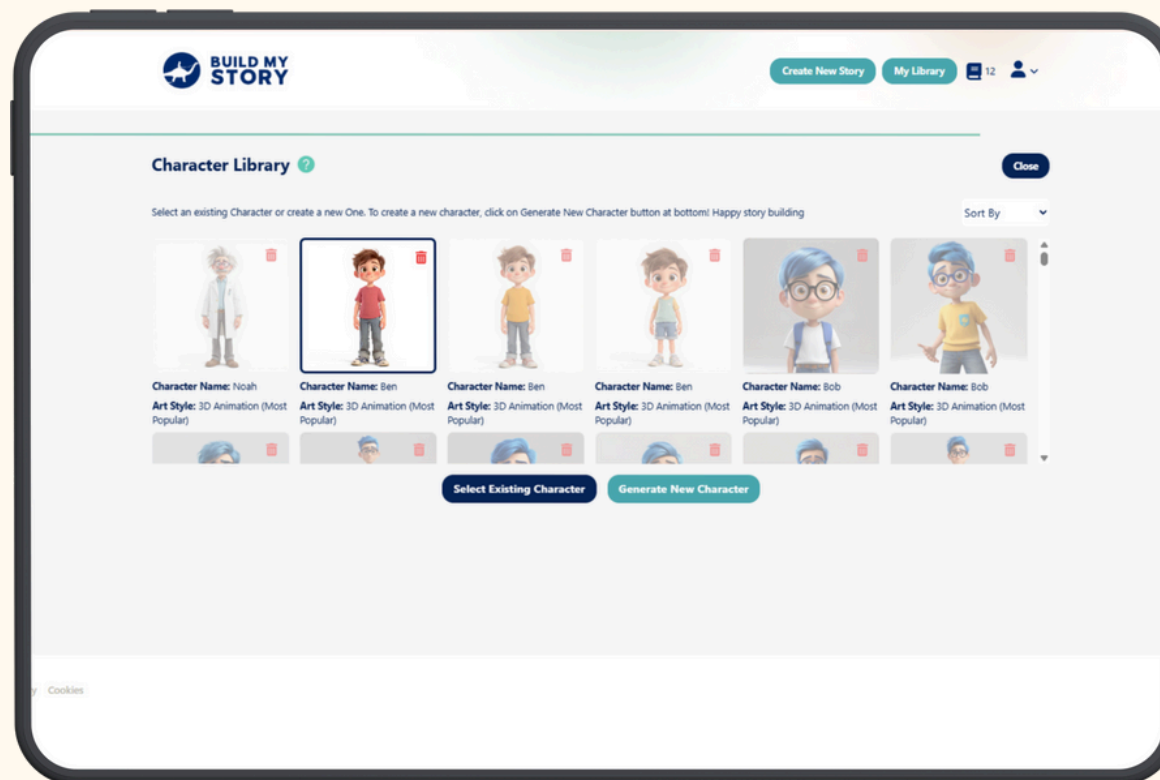
You can even add more characters!

1



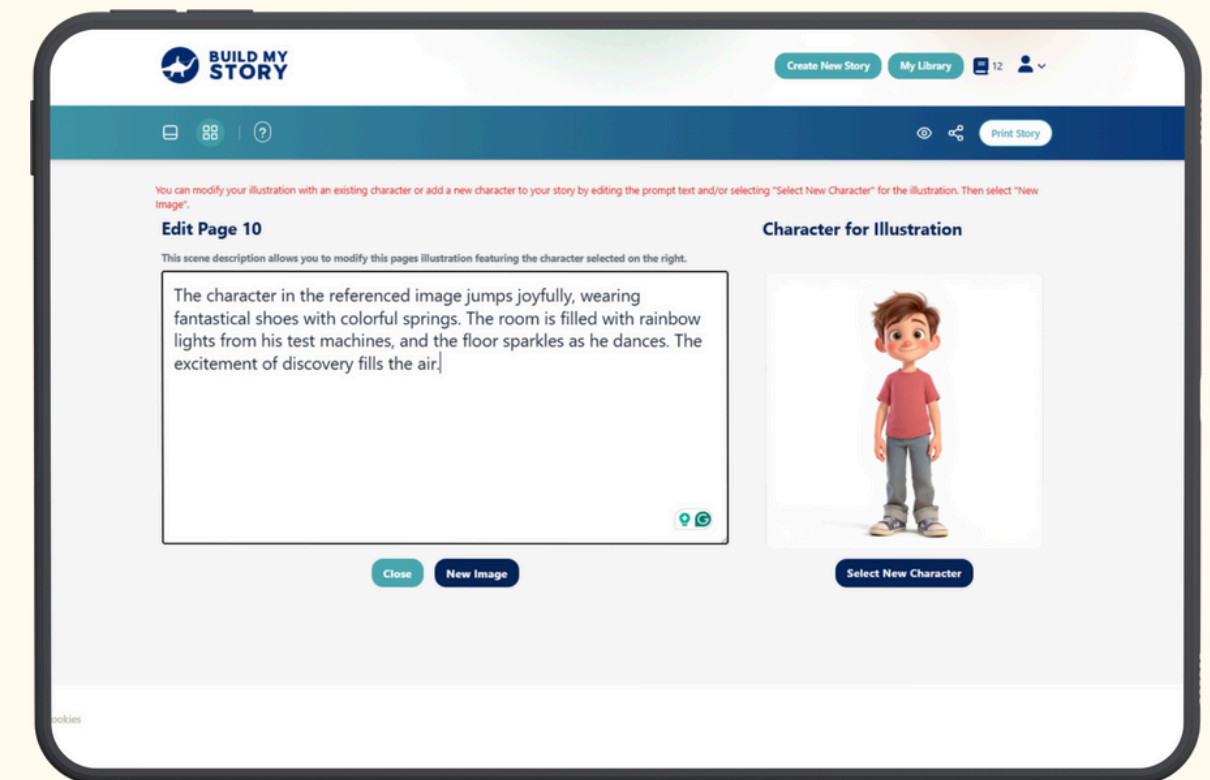
Click 'Select New Character'

2



Create or choose a new character

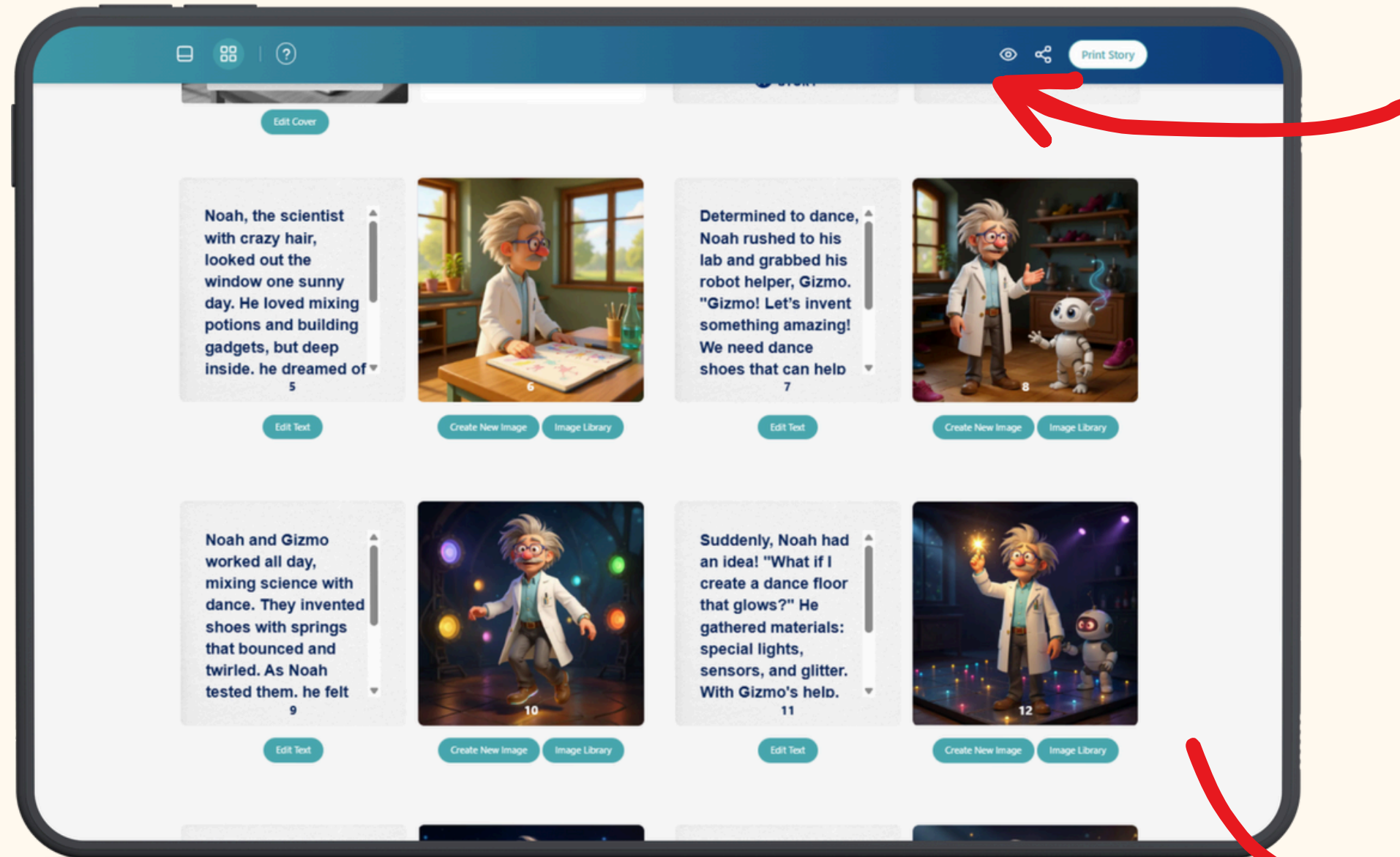
3



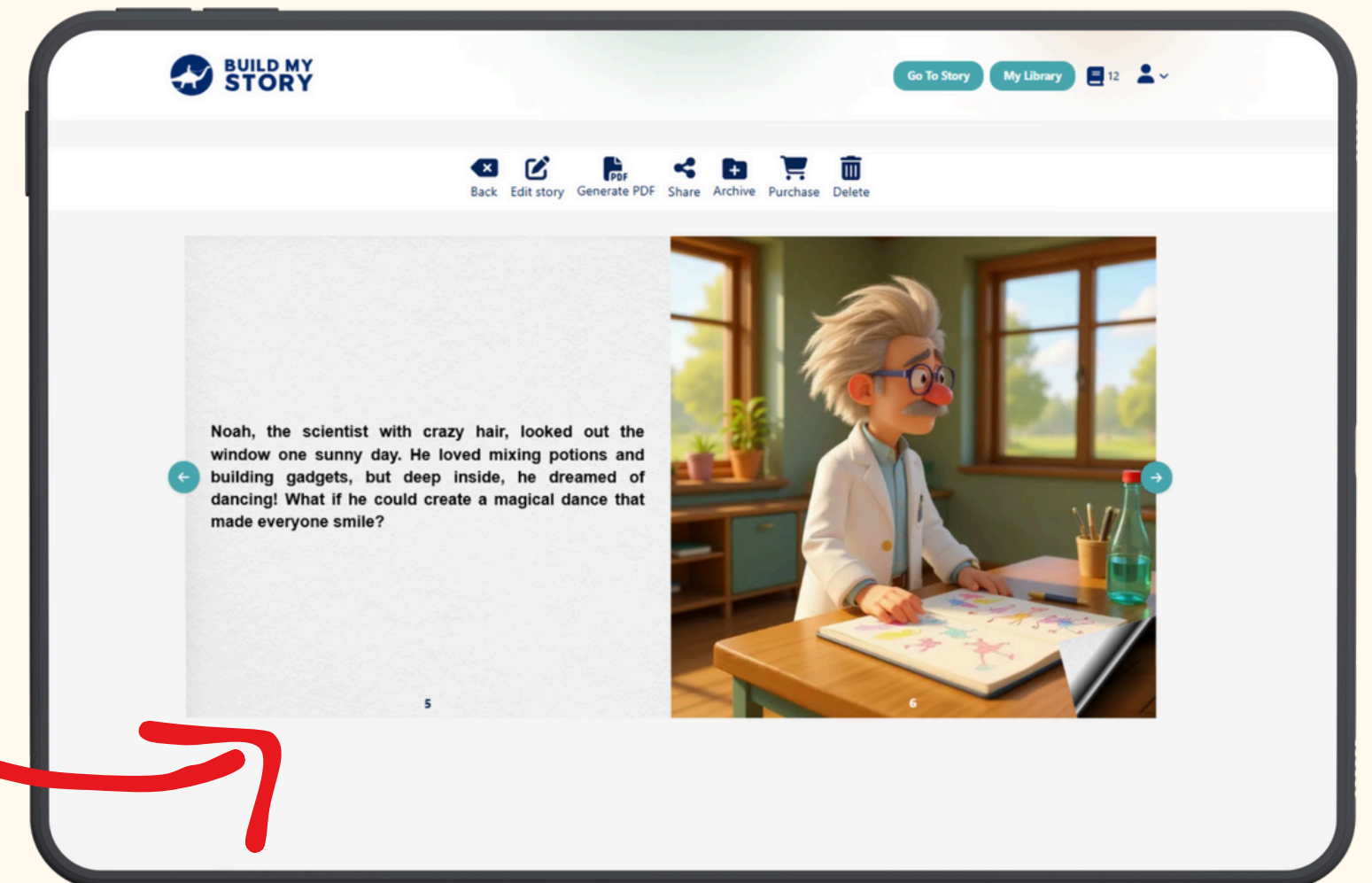
Edit Image Prompt

Remember to change your image prompt with your new character!

Proof Read when you're finished!



Click on the 



Learning Objectives

- ☒ I can revise my draft story to make it clearer
- ☒ I can fix capitals, punctuation, and spelling.
- ☒ I can type my story and give it a great title.
- ☒ I can publish a book!
- ☒ I can make an AI picture

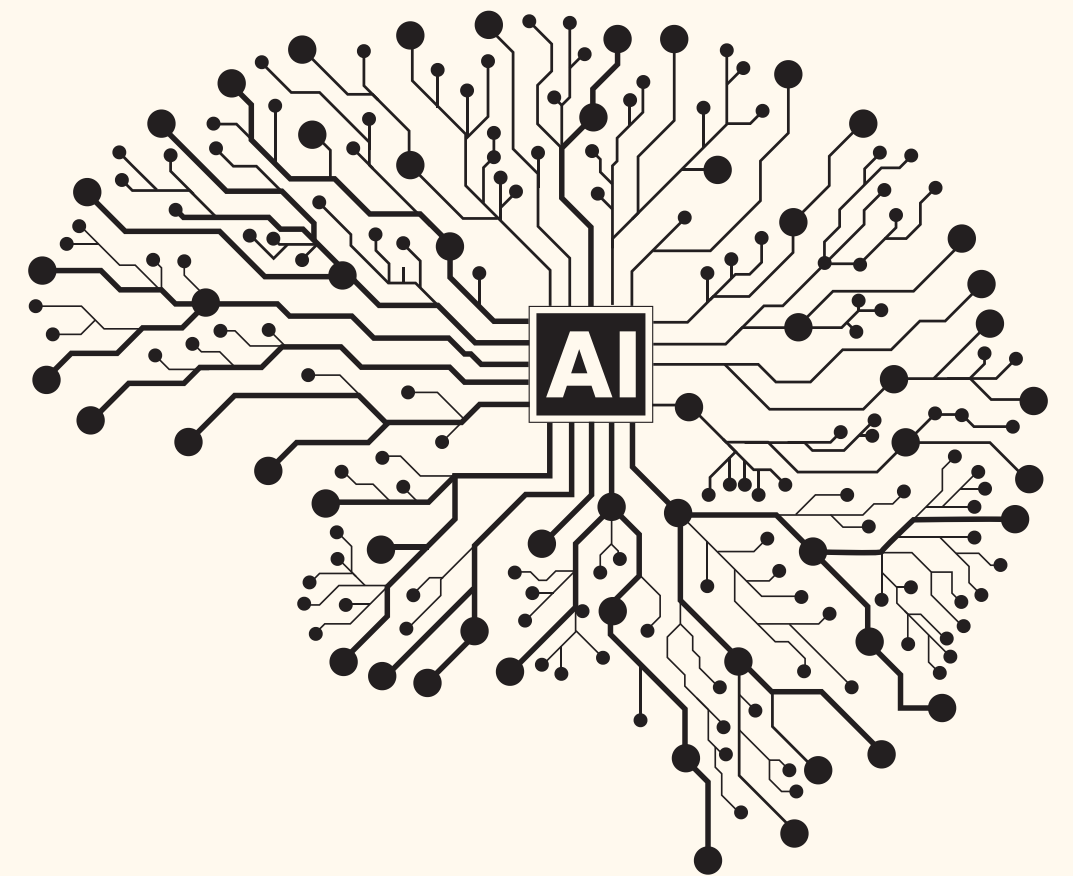
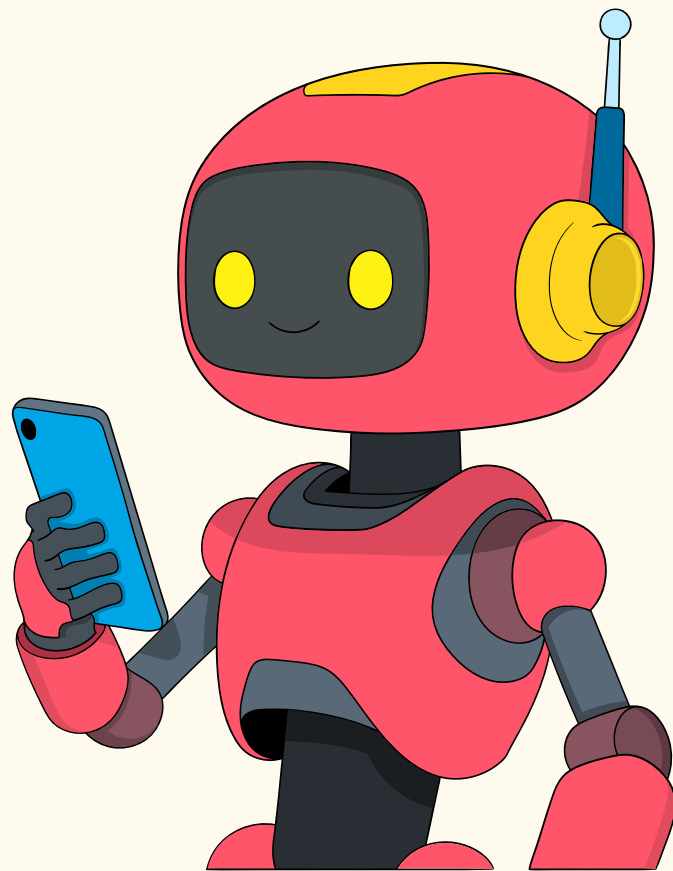
G2-5

What is AI?

Optional Add On

The first question is...

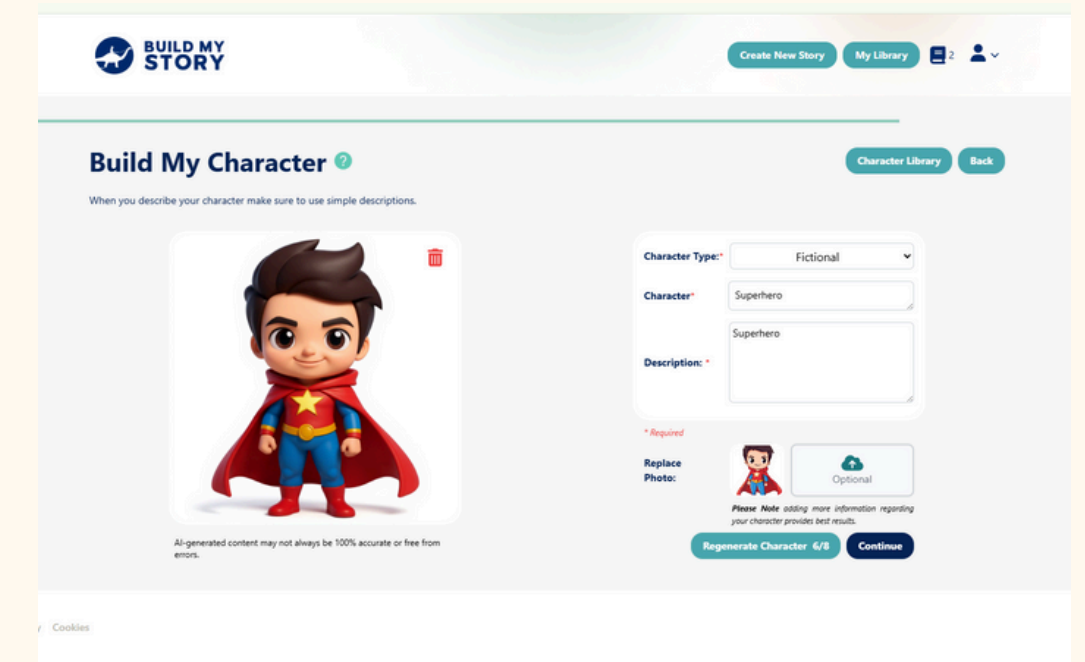
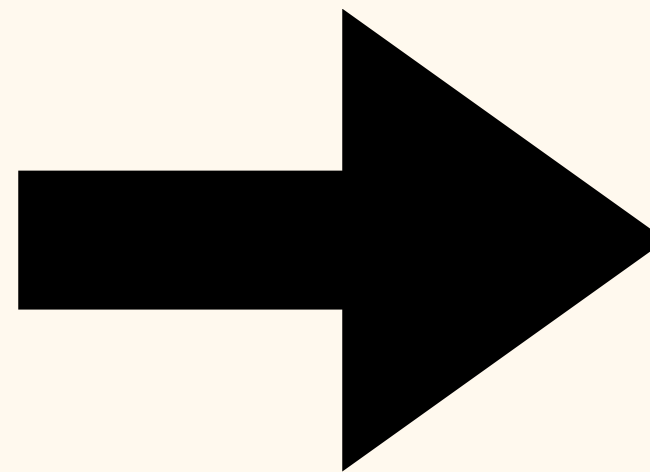
What is A.I?



What is A.I?

AI = Artificial Intelligence.

- It means computers learn patterns from lots of examples.
- Then they use those patterns to help us: recognize voices, suggest words, translate, draw pictures from words, and chat.



That's how your character was made!

In Build My Story, AI can:

- grow your summary into a story (Help me write)
- make pictures from your prompt (Create new image)

Remember!

AI is NOT a person. It has no feelings and can make mistakes.

YOU are the author — check, edit, and choose what to keep.

Story Summary → Big Story

Image Prompt →



Be smart & kind online:

- Don't share private info (full name, address, passwords).
- Ask an adult if something doesn't look right.